

- and by Inez Wick
8. Kathy Kelly by Eric Ramstad
and by Pam Meyer
and by Connie Donnelly
9. Anne McKinsey by Fran Howley
10. Bob Tokar by John Holmquist
11. Mel Peterson by Lucy Osojnicki
and by Al Fox
12. Bob Smith by Carol Wahl
13. Pat Lawrence nominated by Mike Fredericks
14. Stephe Croteau by Ellen Watson
and by Fran Howley
15. Al Porter nominated by Greg and Stephanie Lindholm
16. Sam Meddaugh nominated by Gary Quam
and by Inez Wick
17. Mel Peterson Received in 2017
18. Dana & David Siskind Received in 2016
19. Kathy Kelly & John Driscoll Received in 2015

1 Ted Cardozo by Inez Wick

I'm going to nominate Ted Cardozo for the Knopp Award.

for: His trip leadership in US Trips and overseas trips.

His dedication for the ski trails—laying them out, leading trails clearings both locally and outstate.

The expertise he brought to the board—both as President and Trail Development.

HIS LOVE OF SKIING.

Serving on the Mn. Board for recreational (can't quite get the name right—I'm on that board also as a representative from the NSSTC ski club) for input / and I'm sure there are a lot of committees he has been on—we could find out.

Thanks, Bruce ---Inez Wick

2. Dana Siskind

Dana Siskind deserves the Tim Knopp award for her many years of service to the club.

She and Inez lead a half-dozen hikes a year in south Minneapolis which are attended by new and old members alike. These hikes are easy enough to be all inclusive and are a good way to get to know the club better.

She and Inez lead the trail clearing trip to Du Nord every year which is a great service project and a wonderful weekend for a couple dozen people each year.

She and her husband David have one of the longest running ski weekends in the annual schedule, the trip to Deep Portage. This inexpensive trip has room for 40 people and is particularly attractive to beginners and kids, while having plenty of skiing for the experienced.

Dana and her friends have been mailing out the Loype for I don't know how many years. She reliably performs this work for the club which is time consuming and "under the radar."

Dana has organized ski outings for inner-city kids to get introduced to cross-country skiing, thus enlarging exposure to the sport.

Dana is friendly and welcoming to all, and a warm and loving friend. She would represent the Northstars well.

Eric Ramstad 10-30-2008

Second Nomination by Eric Ramstad

Hi Bruce,

I hope I'm not breaking the rules by sending an email with my nomination instead of mailing it to you. If you need a paper letter let me know and I'll make one.

I think Dana Siskind should get the Knopp award. She's been a member for a long time and knows everyone in the club. She's co-led the Deep Portage ski trip and the Du Nord trail clearing trip for many years. She and Inez have co-led five or ten neighborhood walks a year for a long time. She and her group of friends mail out the Loype every issue. She's always ready to help at picnics, meetings, and other events. She does all these things in the most welcoming and friendly way and I think she personifies what the Northstar's mission is: to enjoy silent sports and help others to enjoy them also.

Respectfully submitted by Eric Ramstad November 23 2012

December 10, 2012

Dear Bruce and NSSTC Honors Selection Committee,

I have been a in the Club since 2005, due to Dana Siskind. I haven't been the most active of members since I have only been to a few meetings and to ski trips. However, this means that I am not sure if Dana has won an award in the past? If she has not, it is about time, which is why I am writing this letter on her behalf.

Dana has been a North Star and active member for over 20 years—seriously active. She is the reason that Loypes make it to our mailboxes (with the help of her literally, secret service squad). Dana is a person who deeply cares about people (members), hospitality (loving neighbors) and the environment (the trails)!

Although, you've seen her strut 80s apparel in a ski fashion show, she is not someone who craves attention. (She was really taking one for the team!) Taking one for the team is what Dana does! She participates in more than one trail clearing trip and my not even ski what she has cleared. She invites others to participate in these endeavors, even though the attendance is slimmer than Slim Lake. Dana always welcomes the stranger, or the not so stranger and is continually giving (even sharing her snack of string cheese or a fruit bar)! She makes sure the last biker/ skier makes it to the final destination. Dana takes on the tasks that need to get done, because they need to get done—without hesitation. If you look in your Loype this month you will even see that after the ski trips, she and Inez Wick are the only ones who have hikes and gatherings already planned out. Dana is busy everyday of the week; post her “work” day. As us young adults, tired adults loaf in front of our technologies, Dana is still working.

She renders the tenure for world and the Club by her care, concern and love! I asked her once, “How is it that the median age of this club so amazing?” Dana answered, “We bike a lot and we sweat a lot.” Perfect, I want be active into my 90s too; and now I know how to get there. She continues to encourage me and show me the way.

Dana is truly a North Star!!! She is a leader who exemplifies what the North Star in the sky symbolizes. She:

1. lives a commitment to the values of justice and caring;
2. acts from a strong self-concept;
3. thinks critically and creatively;
4. communicates and interacts effectively within groups;
5. takes risks willingly;
6. exercises power appropriately;
7. articulates a positive sense of direction;
8. and evokes hope.*1

Dana is an Amazing NSSTC Member, but also an amazing Friend, Sister, Sponsor and Support to us!

Sincerely,

Maya Dahlberg

651-500-6045 651-500-6045 ; mayadahlberg@gmail.com

Jan 06

Tom Knapp Award

We would like to nominate Dana
Kistino for this year's award.

Dana has been a member of the club
for many years. In that time,
she has led numerous Trips.
She initiated the Martin Luther
King holiday outing for young
inner city kids at Theodore West Park.
Assisted by Mark the volunteer, she
introduced all these kids to the ~~joys~~ ^{joys} of
winter activities.

Dana isn't one to seek the
limelight. For years, she & her
small band of volunteers have done
the monthly mailing of the paper.
When she asked for a reprieve, and
no one stepped forward to do the
job, she has continued without complaint.

Most notable, in our opinion,
is Dana's warmth & welcoming
spirit. While others talk about what
to do to make new members feel
welcome, in her quiet way, she
just does it. When we ~~were~~ were new
members, & new skills on our list this to

OVER !!

Camp du Nord, Dana took us under her wing
for the weekend showing us how to
ski + introduced us around. This is Dana's
typical approach to newcomers at meals.

We feel Dana exemplifies the spirit
of the NSSTC.

Col + Joyce Schodde

Hi Bruce,

My nomination for the award this year is Dana Siskin. She has worked for years getting the Loype out "with friends". For several years she organized a ski day for youngsters in her day care work place, giving them at least a once-in-a-lifetime opportunity to see what it's all about. But mostly if you are a newby to the club, as I was many years ago, she is the person you want around to help you find your lodging in the dark of night at Camp du Nord, while schlepping a heavy duffel, ski bag, back pack, etc, and stumbling over ropes (as in roped off areas), which you couldn't see in the darkness. Bless her heart! And on group trips, she is always the one to offer to take a slow group so no one feels left out. Probably without her generosity in this way, I may not have hung in there to become a longer-timer member. And there probably couldn't be a nicer, sweeter person to everyone in the club.

Elaine Smith

Dana Siskind is my nomination for the Tim Knopp Award.

Dana has been an ambassador for our club for years. She has encouraged many people to participate in trail clearing at duNord.. She has been the co-leader of this trail clearing for years and makes it sound like fun for the "newbies" Every year we see new people from Dana's workplace or neighborhood or even her yoga class plus her extended family. She is always looking out for the new people and especially likes to encourage the young children.

Dana has been quietly helping with the distribution of the printed Loype for years. She and a group meet whenever the Loypee comes from the printer and they put on labels and see that it gets mailed. They don't have a regular date because they don't always get the Loype the same day each time but they always rise to the occasion and get it to us as quick as they can.

Dana has been co-leading monthly hikes in Minneapolis for years and this has been a good way for new people join without a lot of pressure. Recently she has added hikes for very young children and their parents and or grandparents and everyone that attended these hikes had a good time and everyone know she always carries treats to share.

I feel she has done more to find new members by her welcoming enthusiasm and cheerful additude than most people. Dana finds ways to engage people in the fun of belonging to the North Stars.

Through the years she has volunteered to help with many projects without seeking the limelight. Recently she was on the nominating committee to find new board members.

Dana is my choice for this year's award (Thor's choice too)

Audry Nordwall

3.Fran Howley

Fran Howley – Long-time club member; former club president; has held other offices, I'm sure; frequent volunteer for ad hoc committees, including constitution and by-law revision; leader of club trips (including popular Nat'l Forest Lodge trip), day outings, and trail-clearing; long-time voice of the "Nordic Connection"; excellent athlete who inspires others with her own commitment to fitness; committed to helping others, including several years as volunteer for "Ski for Light" (ski buddies for blind skiers).

Additional info Jan 2 2014

Hi Bruce –

I'd like to re-nominate Fran Howley for the Knopp Award. I nominated her several years ago, and I don't know if the nominations carry forward from year to year. I suspect others may have nominated her also, but I wanted to make sure to renew my recommendation.

Frankly, I don't know all that Fran has done for the club. All I know is that she was a fixture in the club when I joined in the 80's and has been a constant presence, often filling any need that exists. She presently authors the "Safety Sister" feature for the Loype. She is a past president of the club and has held a variety of other offices. She has chaired or participated in ad hoc committees regarding club policies and procedures. She was the "voice of the North Stars" for many years – I don't know how many – when she recorded the weekly voice message (what was it called?) that was the club's only way of updating information in the pre-computer era. She has led many trips and hosted many daily activities and events for the main club and singles.

Fran also is an inspiration to me and others. She maintains her extraordinary fitness with participation in the many "silent sports" that we North Stars love. She exudes the kind of enthusiasm that makes the club such a vital and welcoming institution.

I am copying Fran with this message because, as far as I know, there is no requirement that nominations be confidential, but also because I hope she will fill in the gaps in her club resume. I don't have a resource for club history, so I hope she is not too modest to provide a list of her offices and at least some of the trips and events she has led.

Thanks for considering this nomination.

Anne

Submitted by Anne McKinsey

From: Linda Treeful [treef001@comcast.net]
Sent: Thursday, January 11, 2007 9:00 AM
To: webs@trhys.net
Subject: Tim Knopp Award (Bob O'Hara, Fran Howley)

Dear Tom Rice,

I'd like to nominate Bob O'Hara for the Tim Knopp Award even though I don't know that much about the Award.

Bob O'Hara has been teaching cross country ski lessons at Trollhagen and doing an excellent job. I don't know how many years he's been doing it.

He's also been running the trip to Giants Ridge in March for many years.

For the same reason, I'd like to nominate Fran Howley for running the National Forest Lodge trip to Isabella for many years.

Both are great people and deserving of recognition for their volunteer work in our club.

Linda Skarjune

From: cjwahl@comcast.net
Subject: another attempt
Date: February 14, 2012 11:48:04 AM CST
To: David Siskind <dsiskind@earthlink.net>

Hi David,

I would like to nominate Fran Howley for the Tim Knopp award. I have been a member for only about 12 years and the more I hear about her accomplishments and get to know her, the more I realize how much she has contributed to the club. I'm sure there are many deserving members and I was not around when many of the older ones were more active, but Fran stands out in my opinion.

Fran has served as an officer of the club, including President, is currently the Safety Sister, led many trips and events, participates in many activities, presently does the e-loype and is my co-leader of the Banquet this year. Whenever I have

had something needing a volunteer, she's always eager to help. I know she's done much more for the club that I'm not aware of yet.

I have done bike rides with Fran and she is very concerned about the safety of the group and does her best to educate people about the safety aspects. Although this may irritate some people, I feel she's very brave about doing this for the safety of all and shows a great concern for others. No one wants to see someone injured or anger motorists.

I feel a good candidate should also be involved in community activities. Besides volunteering for the club, she does many other volunteer jobs such as working at dance and theater events, Ski for Light, ARC Value Village, animal rescue and the Humane Society. She always seems to be looking for other opportunities. She always seems to enjoy a new activity and challenge.

Thanks for volunteering for the Tim Knopp Award committee. I hope you'll consider my nomination.

Sincerely, Carol Wahl

Dear Bruce, Lee and award committee,
I would again like to nominate Fran Howley for the Tim Knopp award. I have been a member for only about 14 years and the more I hear about her accomplishments, the more I realize how much she has contributed to the club. I can't think of a more deserving nominee than Fran.
Fran is a long time member, since the early 80's, from what I understand. She has served several times as an officer on the board of the club, including
President. She has led and attended many trips and events. She was one of the organizers of the tree planting event. I know she's done much more for the club that I'm not aware of yet and she's not vocal about all her accomplishments. She is quick to volunteer when something needs to be done. Whenever I have needed a volunteer or opinion, she's always eager to help and does so quietly without seeking recognition.
Fran not only has many past accomplishments, but continues to be one of the most active members I know. She is currently the Safety Sister, on the

nominating committee, organized the CPR class, and does the e-loype. She is my co-leader of the Banquet again this year, using her creativity and recycled thrift store items to make it a memorable and fun event for all at a reasonable cost.

I have skied and done bike rides with Fran and she is very concerned about the safety of the group. She does her best to educate people about the safety aspects, including hand signals. Although this may irritate some people, I feel she's very brave about doing this for the safety of all and shows a great concern for others. No one wants to see someone injured or anger motorists, which I have witnessed on more than one WW bike ride. I feel a good candidate should also be involved in community activities. Besides her enthusiastic volunteering for the club, she does many other volunteer jobs such as working at cultural events, Ski for Light, ARC Value Village, animal rescue and the Humane Society. She always seems to be looking for other opportunities. She always seems to enjoy a new activity and challenge.

Besides, I think it's time to award a woman! There are many great ones in the club that get things done! Thanks for volunteering for the Tim Knopp Award committee. I hope you'll consider my nomination.

Sincerely,

Carol Wahl

Fwd: Tm Knopp Award nomination for 2012

From: **David Siskind** (dsiskind@earthlink.net)

Sent: Wed 2/29/12 10:42 AM

To: Bruce&Ann Jacobson (brucejandannm@msn.com)

Here's another nomination to add to the collection

Begin forwarded message:

From: "Tom Rice" <tir@trhvs.net>

Date: February 29, 2012 9:08:35 AM CST

To: <dsiskind@earthlink.net>

Subject: Tm Knopp Award nomination for 2012

Dave,

When I received the award last year Fran Howley's name immediately popped in to my head as the next person who should receive the award.

I've known Fran for as long as she (or I) have been in the club. I don't know all the myriad of things she has been involved in for the club, but it has to be a lot. I'm sure much of Fran's participation has been low profile ... helping with banquet, eLoype, etc. that isn't terribly visible to the membership, but nonetheless valuable to the club.

Currently she even has two jobs for the club, Safety Sister, and eLoype editor. That's certainly over the top.

While Ski for Light isn't a North Star program per se, her repeated participation surely warrants recognition.

I recently chatted with someone who related their first experience on a ski trip and how Fran took them under her wing to put them at ease. I have no doubt a number of people have benefited from such help.

I think Fran is extremely deserving of the award and I would love to see her be this year's recipient.

TomRice tir@trhvt

Tim Knopp Committee:

I would like to nominate Fran Howley for the Tim Knopp award. Fran has been a member for a many years. Over that time she has volunteered willingly for numerous positions and tasks, more than I could possibly remember. In her current role as "Safety Sister" she's authored excellent articles on safety and related issues for the Loype. I myself attended the cpr and first aid classes that she organized last year.

Fran has lead a number of trips, both day and extended. In so doing she developed a special relationship with trip destination hosts, especially National Forest Lodge.

For many years Fran updated the North Star telephone "Hotline" on a weekly basis. Fran has helped organize the Spring Banquet a number of times. And, Fran has helped any number of people get to know the club. I'm sure this list should be much longer than what I can remember now.

I hope you will give serious consideration to awarding Fran the Tim Knopp award this year.

Thanks,

Tom Rice

nominated by Al Fox Dec 19 2012

Hello

How about Fran Howley ?

She has been on the Board, led trips, done e-Loype, etc.

Thanks,

Al Fox

Hi Bruce, I think Inze wanted me to submit a name to you for this award. I'm submitting the name of my friend, Fran Howley.

I knew she did a lot with the club, but she's been a member a lot longer than me. She helped me add a few things to her list since I'm not very active with the club.

New member welcomer (years ago!)

Trip Coordinator

President

Voice of the Nordic Connection for years (telephone recorded trips before the eLoype...years ago)

Safety Sister

Special Projects (banquet)

Trip Leader

Originated a Single's Night Out program MANY years ago, which evolved into the current SNO

Served on committee to re-write the NSSTC constitution....years ago

Served on nominating committee for board members....years ago

Served on Tim Knopp award committeeyears ago

Helped Bob O'Hara with ski lessons several years

Ski for Light (guide for blind skiers) for 5 years

Thanks for the great party last Saturday.

Connie Campbell

Nomination by Carol Krush

Dear Bruce:

I would like to nominate Fran Howley for the Tim Knopf Award for several reasons:

Fran has taken on the role of "Safety Sister" for the Club. She not only has written articles in the Loype on this subject but has been vigilant about reminding club members on numerous outings, hiking, biking, and cross country skiing, of both safety and courtesy issues. She makes sure that the slower or newer members in an outing are looked out for. She wants our club to be good representatives of our sports. She gives welcome tips to others in improving their techniques. She is clear and direct. She has volunteered to lead many activities and trips. She has held office and she has assisted and encouraged others to take leadership roles. She is inclusive and brings people together. She goes the extra mile in her service to the club.

Now, you can see that I don't know all the specifics about all of Fran's contributions so maybe you could enlist others to add to this list!

Sincerely, Carol Krush

Bruce, Inez and Lee,

What a wonderful weekend some of us had together at Telemark. It had been many years since I'd skied there and the snow/trails could not have been more perfect for those 3 days! Thanks you Bruce for the effort you and Ann put forth to make that trip happen each year.

As I traveled with Mel P. and Carol we discussed our club and particularly the Tim Knopp Award. Carol sent me her written nomination for Fran Howley this AM and I could not write how I feel any better. The only difference is that I've known Fran longer and have experienced her energy, encouragement to all abilities on a ride or the trails, and always reminders of safety issues. Carol mentioned all the ways Fran has given her time and talents to the North star Club; all I can add is "ditto".

It is with pleasure I recommend Fran Howley for the Tim Knopp award. I feel it is long overdue!

Thank you for serving on this prestigious committee and all you do for the North star Club.

Ski safe, Pam Meyer

I agree with Carol Wahl's endorsement of Fran Howley for the award. She was my instructor at Bob O'hara's ski class many years ago, started the "singles Night Out" idea, and lead many trips.

Jean Iwen

Nicely done carol and I agree with you whole heartedly on Fran's accomplishments. She is a treasure for the club. Ellen

I would like to nominate Fran Howley for the Tim Knopp award this year. Fran has been a North Star member for over 15 years. I don't know all the positions she has held but I do know that Fran is an active member who has given a lot of her time not only to tasks that need to be done but also in promoting the club. At a recent meeting the Non-Board Volunteer Positions were announced. Fran's name was mentioned not just once but three times!

Fran is our Safety Sister. Every month she comes up with a creative way to remind us of various safety issues. In one article she went so far as to have her neighbor take pictures of her demonstrating what she was talking about in her article. I look forward to reading her informative and creative articles.

Fran makes sure the e-loype gets out every week. This involves a lot more than just pushing a button on the computer. She makes sure that any announcements or trips are added to the e-loype every week and makes sure it is sent out to all. When she encounters glitches along the way, she is resourceful and handles them without complaint so that we get our weekly e-loype.

Fran has helped Carol Wahl put on the spring banquet for several years. I think she starts thinking and planning it for the next year right after the banquet.

These are just the positions that are listed in the Loype. In addition, Fran has been part of the team giving ski lessons. She has helped many learn how to ski. She leads both

skiing and biking trips during the year. She also promotes the club by volunteering for the North Star booth at the Midwest Mountaineering fest each year. I think it is time to honor Fran Howley who has given so much to the club over the years in so many ways.

Jan Jahn
Hi Bruce,

I received a copy of Carol's nomination of Fran Howley to be the next recipient of the Tim Knopp award and I want to go on record as seconding this nomination. I have intended to nominate Fran the past couple of years but for some reason never got around to doing so. Because I feel so strongly that Fran is most deserving of this prestigious award, I want to make sure that my voice is heard this year. While I really don't have much to add to Carol's letter of nomination, let me just say that I cannot think of anyone in NSSTC who is more deserving of the Tim Knopp award. Fran has given both tirelessly and selflessly of her time for the past 30+ years in service to our club. As we all know, whenever a volunteer is needed to perform some task or serve on a committee, Fran is among the first to step to the plate. She is truly a treasure, a great person and a great North Star, and I believe that she is long overdue for the recognition and appreciation that come with receiving the Tim Knopp award.

I also agree with Carol that it is time for another woman to receive this year's award. It has been a number of years since a woman was the sole recipient of the award and there have been some grumblings among some of my female club friends that women are perhaps being unfairly overlooked in the selection process. Whether or not this is true, I do know that many of our strong, independent women are a driving force behind the club and I think it only fair that one of them be honored. And while I can easily think of a half dozen or more women who are deserving of the award, I remain convinced that Fran should be this year's recipient.

Thanks for your continued involvement, Bruce, with the nominating committee and for all that you and Ann do for the club. I look forward to the announcement of the Tim Knopp award winner at the April banquet. Whether or not it is Fran, I know that he or she will be a most deserving recipient.

Sincerely,
Mel Peterson

My vote goes for Fran Hawley-- enthusiastic, encouraging, adventurous and fun.

Mary Becker

4. Barb Wahman

Barb Wahman

From: Linda Treeful [treef001@comcast.net]

Sent: Thursday, January 18, 2007 9:15 AM

To: 'Tom Rice'
Subject: RE: Tim Knopp Award (Barb Wahman)

Hi Tom,

I'd like to nominate Barb Wahman for running many years of ski trips to Maplelag. Jay Richards announced the North Stars had been coming to Maplelag for 30 years during our trip last weekend. I don't know how many of those trips Barb organized, but I think it's quite a few.

Linda Skarjune

5. Julie Nordwall and Jim Johnson

Feb.3, 2007

Tom Rice

Tim Knopp Award Nomination:

Dear Tom:

I would like to nominate a special couple for the Tim Knopp Award. Julie Norwall and Jim Johnson. They are long time members and I think they are perfect representatives of our club.

As we are celebrating our 40th Anniversary year at the banquet this would be a great time to look back and chose a couple instead of a single person.

They meet in the club as many couples did. (Thor and I included). They have been active for over 25 years. Although they are restricted now because of health reasons, they still show up for Wed.Wanderer day trips in their area and still offer help with ski or hiking routes in and around Marine on the StCroix.

Over the years Julie has served on the board and helped with the membership when it was being computerized, long before most of us had become comfortable with a computer. They have lead mostly day trips skiing, hiking and biking. Often sharing their home before and after a ride. Jim, with his biking knowledge, has been an encouragement to most of us when we were just starting out. He has personally repaired my bike on more than one occasion while on a bike ride. When the club first started we mostly skied but Jim and Julie's love of biking and leading bike trips in and around their area is one of the reasons we have such a diverse schedule today.

Jim has helped with ski trail development and worked on the first trail the North Stars ever built. This was the Ole Lake Trail in Ely. Jim, Thor, Tom Cooper and Thor's dog Sundance removed rocks and trees for this trail.

I think Jim and Julie represent who we are as a club and the backbones of our organization. Long-time members, who over the years have quietly done their part, leading trips, serving on the Board and most important, encouraging new members with their knowledge, patience and good humor.

Respectfully submitted for your consideration,

Audry Nordwall

6. John Driscoll

Subject: nomination for John Driscoll by Colleen Cavell, 1/30/2007
nomination for John Driscoll by Colleen Cavell, 1/30/2007

No text was submitted with this nomination.--BEJ

7. Linda Johnson

I nominate Linda Johnson to receive the Tim Knopp award.

Linda is a long-term member and was instrumental in getting "Ernie's Trail" established in memory of her late husband in Sunfish Lake Park. One loop of that trail is even named for her. For many years she ran an annual running race in the park to commemorate Ernie. She still has an annual trail-clearing trip to Sunfish Park, and has a day-ski there every year before Christmas.

Linda has served on the Board in more than one capacity, including Trail Development.

She is frequently seen at meetings and on trips both weekend and day, and many is the person who has enjoyed her buoyant and enthusiastic company.

Also, only one woman has received the Knopp award and it might be time for some gender equity.

Eric Ramstad

Nomination by Inez Wick 01 11 2010

I would like to nominate Linda Johnson for the Tim Knopp Award. She has added so much to our club.

Serving on the board can sometimes be a challenge but she always has handled it with ease. Linda has been in the club for many years so she brings gracefully to the board the knowledge/history that at times is needed when decisions, problems come up and can offer solutions, new ideas and give the why and how of what had been done in the past.

Along with the many years in NSSTC she is also an asset when she asked to serve on many different committees, i.e.: the board nomination committee, the Tim Knopp Award Committee, etc.

She started "Ernie's Run" (named after her former husband who died of cancer) that was held in the fall at Sunfish Lake for many years. This event was very well attended by anyone who enjoyed the fall leaves, whether running or walking thru the course.

Linda has been very active with the clubs trail development. She was part of the group that marked new trails in Sunfish Lake then later led the crews to do the work. She also co-lead trail clearings crew in Cook, MN. (Ashawa Ski Trails) that came in after we had tied off the new trails, the dozers had taken made the rough path and we came thru with our group and made it the smooth ski path that still exists to this day.

She is an avid skier, leads many trips and is a member of the YMCA- Ely Northland Polar Bear Club, (sauna first then take the plunge thru the hole in the ice). She is a skilled sea kayaker and just loves to be in the out of doors. She is a patient teacher when helping new skiers on ski trips and will share any info she can to help others.

Lind has been seen getting out of helicopters in B.C., Canada taking on the challenge of telemark skiing for a week on severe slopes of the Purcell Mts. with a small North Star group/ seen "RIDING THE TAILS OF SNOWSHOES" down cliffs and skiing off the roofs at Windy Lake Lodge, Ontario/ watching a ragged looking great gray wolf looking at us across a ravine while on skiing in West Glacier and also can lug her big pack to hike in to her favorite spots or canoe destinations.

Her biking she handles with ease and enjoys many trips with her ski buddies...

She makes a great roommate....neat, easy to talk to, shares gear if she can, fun to be around and always the "Linda Johnson Smile" that she is so known for.

Last but not least , she is noted for her "Linda's Pies" tasted by many on ski trips, trip potlucks and friends gatherings.

So for us: she represents a great spokesman / promoter of our club, her enthusiasm for silent sport is seen thru her actions and her positive attitude, her leading ability both on the trips she leads and the board she has sat on and her welcoming smile to any new club member that crosses her path.

01 11 2010

8. Kathy Kelly

VolunteerSpotlight

by Pam Meyer, guest columnist

I first met Kathy Kelly on a very hot, sunny day biking up the long climb along the Trimbelle River in Wisconsin. We were behind all the other North Stars and biking slowly that day. Fortunately, since then we both have new bikes and now ride faster. That was the beginning of a wonderful friendship. As on that first day we met, we have encouraged each other through life's ups and downs, joys and sorrows. I treasure that and the mentor she has been for our real passion, cross country skiing.

Kathy is a longtime North Star member dating back to when the club was young in the early 1970's. She recalls her first ski trip was the annual club bus trip to Colorado. She knew no one and took the risk. That was the beginning of cherished friendships with Ginny McWethy, the Lindskoogs, Bob O'Hara and others. She feels she never would have skied the Birkebeiner if those early North Stars had not assured her that

she could. Likewise, Kathy encouraged me to ski my only race, the Rendevous, in the Methow Valley in Washington. And we did it together!

Her willingness to serve on the NSSTC Board of Directors is evidence of Kathy's dedication to this club and cross country skiing. She has served on the board as president, vice president, secretary, and co-trips coordinator. She was a team leader for the Elm Creek tree planting event to celebrate the club's 40th anniversary. She has served on the nominating committee as well as on a committee that developed publishing guidelines for the e-loype. Kathy has also volunteered for trail clearing, helped staff the North Star booth at Midwest Mountaineering's Adventure Expo, and volunteered at rest stops at the Twin Cities Loppet. She believes it is important to be an advocate for cross country skiing and says that promoting ski trail development and trail clearing is vital to the sport.

Kathy has led trips since her early years with North Star. She led the first singles trip to Telemark, a trip to the Pigeon River and NE Minnesota, and a visit to Tettegouche State Park. She often took her son Alex, whether it was skiing or trail clearing, to places like Kathio State Park, Camp Du Nord, Tettegouche and Giants Ridge. She shared her love of nature and silent sports with her son, who many of us have enjoyed as part of our North Star family while skiing, canoeing and hiking.

Kathy says that one of the best things about being a member of North Star has been meeting her husband, John Driscoll. He has his own story about meeting Kathy, but that's for another column! Together they have led great weeklong club trips to Stokely Creek and the Methow Valley, with a trip to British Columbia coming up in March. They work well together assuring that participants have great skiing, food and accommodations. Kathy and John also continue a tradition of hosting an annual pre-holiday ski and potluck dinner at their home.

Kathy is very welcoming to new faces and seeks out and includes everyone who shares her enthusiasm for our club. Her passion for cross country skiing – as well as her love of the wilderness, single-tracked trails, and communing with nature and friends – are what she treasures most about this sport. She feels that North Star has enriched her life with many friendships and that our club fills a purpose that no other club does. The legacy of North Star, Kathy believes, is that of great ski trips and members continuing to step up and lead them. And she would like to see us continue to focus on trail development, trail clearing and cross country skiing.

Kathy's willingness to continue to serve and promote North Star has earned her a place in the "spotlight" in this issue!

01 14 2010

I nominate Kathy Kelly for the Tim Knopp award. She has been in the club for over thirty years and has served as President, and I think in other positions as well. She has led many trips and has an annual Christmas party at her house. She participates year around, cycling, canoeing, hiking, and skiing. Everyone knows her, she is at the heart of the club, and I think no one better exemplifies the Northstar Ski Touring Club.

Eric Ramstad

Nomination by Connie Donnelly

Dear 2010 Tim Knopp Award
Nominating Committee

It is with a great deal of enthusiasm and admiration that I propose Kathy Kelly to be the recipient of the 2010 Tim Knopp award. The enclosed article speaks for itself. What I have to add comes from my association with her as a friend whom I have known since the 1970's, before she married and moved away.

When Kathy moved back to Minnesota, she lived in Rochester for a while. During that time she moved mountains, figuratively, to be able to go on weekend ski trips, lining up friends to take in Alex and driving to the Twin Cities to catch a ride to the weekend's destination. Then, while the rest of us went home, she still had to drive back to Rochester.

Sometimes, Kathy and I have been roommates on week long trips. She and Alex skied together with me and my granddaughter, Sarah,

on the family weekend at Kathio
Stats Park. In 1990, on Thor
and Audrey's memorable two week
trip to Switzerland, Kathy's
luggage went missing. She
happily skied with borrowed
clothing until her things turned
up.

In sum, Kathy Kelly
personifies the qualities I think
of when I describe my ideal
of a North Star member: friendly,
fun, loving, willing and capable
to take on responsibility and,
above all, a dedicated cross-
country skier.

Donnie Donnelly



Volunteer Spotlight

Kathy Kelly

*By Pam Meyer
Guest Columnist*

I first met Kathy Kelly on a very hot, sunny day biking along the Trepello River in Wisconsin. With a steady climb biking, we were behind all the other North Stars that day. Fortunately since then, we both have new bikes and ride faster. But, that was the beginning of a wonderful friendship. As the first day, we have encouraged each other through life's ups and downs, joys and sorrows. I treasure that and the mentor she has been for our real passion, cross country skiing.

Kathy is a longtime North Star member dating back to when the club was young in the early 1970's. She recalls that her first ski trip was the annual club bus trip to Colorado. She knew no one and took the risk. That was the beginning of cherished friendships with Jinny McWethy, the Lindskoogs, Bob O'Hara and others. She feels she never would have skied the Birkebeiner if those early North Star's had not assured her that she could. Likewise, Kathy encouraged me to ski my only race, the Rendezvous in the Methow Valley, in Washington. And we did it together!

Her willingness to serve on the NSSTC Board of Directors is evidence of Kathy's dedication to this club and cross country skiing. She has served on the board as president, vice president, secretary, and co-trips coordinator. She was a team leader for the Elm Creek tree planting event to celebrate the club's 40th anniversary. She has served on the nominating committee as well as on a committee that developed publishing guidelines for the e-loyce. Kathy has also volunteered for trail clearing, helped staff the North Star booth at Midwest Mountaineering's Adventure Expo, and volunteered at rest stops at the Twin Cities Loppet. She believes it is important to be an advocate for cross country skiing and says that promoting ski trail develop-



*Kathy and Pam competing at Methow Valley
Photo by John Driscoll*

ment and trail clearing is vital to the sport.

Kathy has led trips since her early years with the club. She led the first singles trip to Telemark, a trip to the Pigeon River and NE Minnesota and to Tettegouche (*Baptism River*) State Park. She often took her son Alex, whether it was skiing or trail clearing to places like Kathio State Park, Camp Du Nord, Tettegouche and Giants Ridge. She shared her love of nature and silent sports with her son, who many of us have enjoyed as part of our North Star family while skiing, canoeing and hiking.

— Kathy says that one of the best things about being a member of North Star has been meeting her husband, John

Driscoll. He has his own story about meeting Kathy, but that's for another column! Together they have led great weeklong club trips to Stokely Creek and the Methow Valley and, now with a trip to British Columbia this coming March. The two work well together assuring that participants have great skiing, food and accommodations. Kathy and John also continue a tradition of hosting an annual pre-holiday ski and potluck dinner at their home.

Kathy is very welcoming to new faces and seeks out and includes everyone who shares her enthusiasm for our club. Her passion for cross country skiing – as well as her love of the wilderness, single-tracked trails and communing with nature and friends –

are what she treasures most about this sport. She feels that North Star has enriched her life with many friendships and that our club fills a purpose that no other club does. The legacy of the club, Kathy believes, is that member's continuing to step up and lead of great ski trips. And she would like to see us continue to focus on trail development, trail clearing and cross country skiing.

I agree!

Kathy's willingness to continue to serve and promote the North Star Ski Touring Club has earned her a place in the "spotlight" in this issue!

Have You Visited the NSSTC Message Board Lately?

We continue to refine and upgrade our electronic Message Board. Use it to check for updates on current trips and to post new unofficial club events. It also now has a monthly calendar of events to help you plan your activities.

Please check it out at www.north-stars.org.

9. Anne McKinsey nominated by Fran Howley

I'll nominate Ann McKinsey again. She has served on the Board numerous times, done the Loype, e-loype, co-led European trips , led local ski events including sharing her home for partying....She has surmounted more than her share of health issues and continues to be active in the North Star fashion.....She helped back when we revised the by-laws and/or the constitution of the club and I am sure has done numerous other things that don't immeditely pop into my mind.....



10. Bob Tokar nominated by John Holmquist

Bruce Jacobson
372 Mississippi River Boulevard
Saint Paul, MN 55105
14 January, 2010

Re: The 2010 Knopp Award

Hi, Bruce –

For the Knopp Award this year, I nominate Robert (Bob) Tokar.

After joining the club in 1972, Bob worked on the first VJC Tour/Race. He later served the club as Programs Chair and as President.

When Cross-Country skiers were getting squeezed out of the state pie that had helped fund trails, Bob worked long and hard on the ground-breaking Ski Pass law to reestablish funding for XC ski trails and facilities in Minnesota. This was in conjunction with Tim, and former club member and then State Representative Darby Nelson. If memory serves, Bob was club president at the time.

Through his love for the area around his cabin on Big Sandy Lake, Bob worked tirelessly with the Minnesota DNR on the Remote Lake Trail System, and also started clearing and hut construction on the Savanna Portage Trail System. In this, he initiated hut-to-hut trails that were so dear to Tim's idea of getting past loop trails and into point-to-point ski trekking.

As a trip leader Bob led many domestic trips, but also a well-remembered 1980 trip to the mountains of Poland.

Last, but certainly not least, was Bob's column: "A Touch of Blue Under The Foot." It ran for five years in the LØYPE and was widely quoted by others in the ski community.

A pretty good record, I'd say. And thanks, Bruce, for considering it.



John Holmquist

11. Mel Peterson nominated by Lucy Osojnicky 01 16 2010

I'd like to nominate Mel Peterson for the Tim Knopp award. He served as Loype editor for three 2-year terms, as President for one 2-year term and leads many a bike ride and ski outing. What a guy!

Thanks for asking,

Lucy

P.S. He was also instrumental in getting the NSSTC involved in MYSL from the start. While NSSTC President, Mel asked John Hollister to get involved with the newly formed MYSL and John became its first president. I believe Mel was also on the MYSL board at some point.

Dec. 30, 2010

John—How about Mel Peterson? Been in the North Stars forever. Been on the board multiple times. Been Loype editor several times. Led numerous trips.

And a good guy.

Al Fox

retyped by BJ Jan 24 2012



12. Bob Smith

Hi Bruce,

As I mentioned this weekend, I have trouble coming up with people as I don't know the history of past involvement of most people. I'm sure there are many deserving people and wish I was more aware. I feel giving it to some of the older members is a good idea while they're still around.

My choices are Bob Smith for his life-saving action at the Gunflint Lodge or Audrey Nordwall for the tree planting at Elm Creek. If Thor has been greatly involved in the past, perhaps to both Thor and Audrey? As I said, I don't know much of the history.

Good luck choosing the winner! I hope you're getting many suggestions.

Thanks again for the great weekend!

Carol

14 Pat Lawrence nominated by Mike Fredericks

Tim Knops Award 2013

I nomination Pat Lawrence for the following reasons

- 1) Member since the early 1980's
- 2) Organized a food program for Terry Quam -the 1st time he was sick about 5-6 years ago
- 3) Created—organized and almost single handily created the North Star Cook book as a Fund raiser (2003)
- 4) Served on the Clubs Board of Directors
- 5) Currently the Clubs Historian
- 6) Served as Trips Coordinator
- 7) Co-Chaired the Single Chair
- 8) Volunteered several years on the Cities of Lakes Loppet
- 9) Volunteered as a leader for "Ski for Light" and has doing so for several years
- 10) Lead bicycling for Wednesday Wanderers
- 11) Co-Lead trips to Bayfield & Itasca
- 12) Hosts a July 4th Bike Ride and Pot Luck~(an all club event)
- 13) Hosts a annual Singles Wine Tasting Party
- 14) Co-Hosted a dress-for-dinner at the Glen sheen Mansion in Duluth
- 15) Hosted the club's long standing Maplelog trip

Signed— Mike Fredericks—Questions my cell is (651) 334-8738

15 Nomination of Stephanie Croteau by Ellen Watson

Support for Stephanie Croteau for the Tim Knopp Award

I offer up these reasons for Stephanie to be considered for this prestigious award.

Though a relative newcomer to the club she has brought a fresh perspective to the operation and long term potential of the club. It was her perseverance and hard work that brought to fruition the new website with a fresh modern look. It was not without many, many, many hours of frustration that this often under-recognized tool was developed. Because internet tools are behind the scenes operations, the skill and strategy behind the function unfortunately frequently goes unrecognized.

She was also instrumental in establishing the on-line resource for club apparel along with Kate Fitzgerald.

In addition, for several years she has coordinated the club's presence at the Midwest Mounteering Fall and summer festivals, has lead many bike rides and conducts regular ski conditioning workouts during the snow season. Rather than salute past accomplishments in Stephanie we can salute and appreciate her current accomplishments and say THANK YOU!!

Nomination of Stephanie Croteau by Fran Howley

I'd like to nominate Stephanie Croteau for this year's recipient. In the 5 years that she has been a North Stars member, she has had a strong impact. The most notable and the one that affects all of the club is the new Website. Stephanie has spent most of the last year working with consultants and the club board to bring our website up to date. She is presently serving as our web master although, as she says, she is not a computer expert. She just took the bull by the horns when she saw how 'old fashioned' our eLoype and website had become. Stephanie has also served as our Publicity person on the NSSTC and has been great setting up for events and getting volunteers to man the tables. Last year she encouraged a new woman club member to teach skate ski lessons for club members. She herself led dry-land training sessions before the snow fell and continues to lead ski trips now that we have snow. I know there are more contributions but this is all I can think of at the moment. Stephanie is an avid skier and biker. If she is considered, I can research some more info...

Fran

16 Al Porter nominated by Greg and Stephanie Lindholm typed Jan 31 2013 by BEJ

Jan. 29 , 2013

Dear Bruce,

We would like to nominate Al Porter for the Tim Knopp Award.

Al (& Barb) have led the annual trip to Maplelag for many years. He has also led many weekend outings.

More than being a trip leader, though, Al is just a great ambassador for outdoor activities and adventures. Having hiked, biked and skied with him we admire the joy, passion, leadership and enthusiasm he brings. he's interested in everything!

He always greets people with a warm & welcoming handshake (or a hug) and a smile with a twinkle in his eye.

The world could use a lot more Al Porters!!

Sincerely

Greg and Stephanie Lindholm

P.S. Al seems to have lost a step (or two) recently. This might be a good time to recognize him.

17Sam Meddaugh nominated by Gary Quam

Bruce,

I would like to propose Sam Meddaugh as a possible recipient of the Knopp Award. In my short time on the board I have become aware of the significant behind the scenes contributions that Sam makes to support our club.

I'll start with the considerable amount of effort he has put into setting up the software and files to support the North Star finances. This was no small task, however it was fairly complicated for a new person to take on. I proposed to the Board that we make it simpler and I asked Sam if he would help. Without hesitation he agreed and we met a number of times to get the finances down to one program for tracking and reporting financials. This required him to work in Excel, Quicken, and Access to make it all work out. It will now be significantly easier to pass on the treasurers duties to other members. He has never turned down a request to meet and go over different parts of the financials.

I have also seen Sam work to support the club banquet by handling all the checks and reservations. I noticed a picture in the Loype where Sam was helping to setup for the company

picnic. I don't know a lot about Sam's earlier contributions but Inez assures me there are many and says she will provide details of his earlier contributions.

I am sure there are many worthy candidates to consider, please include Sam on that list.

Gary Quam

I'm nominating Sam for the Tim Knopp award - for all the events he continues to help and completes projects for club . With his gentle, calm manners, he is always the one to say yes whether on projects or committees. I know I've asked him many times in my presidency and he always will give his smile, "If i can help.." or just says "Yes".

He was on the board as treasurer from 2009- 2012 and has worked with Gary Quam recently to organize and streamline the process so it will be easier to pass on to the next person that takes that job.

Sam has years of the clubs history and the details of our club, in his brain. He remembers details like no other.

He is a very good host when we have had meetings at his place. He does a bang up job on apple, strawberry/rhubarb or cherry crisp but keep us guessing which one he has baked until we finally cut into it

His gentle manners make people feel they can approach him. Sam has been on many, many trips after all these years and had participated in the trial clearings.

A promoter the the BWCAW and kayaking Lake Superior has been a very special place to do this as well as a canoeist.

I guess just his willingness to help out and say Yes when asked to assist on special projects and committees.

He always has been a very good friend of mine and the ski outings we have shared after all these years have been the best. He truly deserves to get this award.

Inez Wick

Inactive nominations-Award recipients, deceased etc.

2005

Nomination for the Tim Knopp Award

We would like to nominate Al Mayer for the Tim Knopp Award because of his outstanding service to the North Star Ski Touring Club. In particular:

1. He has led more trips than anyone else in the history of the club--hiking, biking, socializing, whatever.
2. He is a founder and organizer of the Wednesday Wanderers, one of the club's most active units, which takes members on an adventure every Wednesday morning of the year.
3. He has served as board member--Membership Coordinator--about 1997.
4. He embodies the generosity and public spirit of the club by such activities as leading groups of North Stars volunteering at the Fare Share food shelf.
5. He is an exemplar of hospitality in welcoming newer members on his trips, and graciously being sure that all his trippers make it back.

Bruce Jacobson and Ann Morrissey

01 25 04

2007 Greg Fangel

From: RAMSTADERIC@aol.com
Sent: Thursday, December 14, 2006 9:09 AM
To: tjr@trhys.net
Subject: Tim Knopp (Greg Fangel)

Hi Tom,

I'd like to nominate Greg Fangel. He has served in several positions on the board, and during his tenure as president the club just crackled with excitement as he came up with new events and projects. He did a lot to improve the e-loype so that it was always interesting to read and offered links to interesting places. He led ski trips back when he was single and more recently from his and Liz's new home near Tofte. He's a humble and knowledgeable guy, and a committed Northstar who lives to ski.

Eric

Greg Fangel

From: Pete Hawkins [pmh706@gmail.com]
Sent: Friday, December 15, 2006 8:29 PM

To: webs@trhys.net
Subject: Tim Knopp Award (Greg Fangel)

Follow Up Flag: Follow up
Due By: Sunday, December 17, 2006 12:00 AM
Flag Status: Completed

Attachments: TimKnoppAward06.txt

Hi Tom,
I hope that all is well with you; thanks for taking on the task of rounding up nominations for the Tim Knopp award this year. Kathy and I would like to submit Greg Fangel's name again; please find our letter of nomination attached. Even though many of the things he initiated for the club have faded somewhat, we feel that his efforts fully embodied Tim Knopp's spirit of activism for the North Stars and XC skiing.

We hope that his nomination will get very serious consideration this year.
Best regards,
Pete & Kathy

=====

December 15, 2006

Hi Tom,

First off, thanks for handling this task for the North Stars this year; we appreciate your generosity in giving your time.

We would once again like to nominate Greg Fangel for the Tim Knopp Award. During his six years on the Board he accomplished more than any North Star in recent history. His unceasing energy, a multitude of creative ideas, and an astute ability to network with other community groups has benefited our club immensely. Gregs activism for our club and our sport has been and is in the true spirit of Tim Knopp.

Here are some of the things he instituted or revived for the NSSTC, all of which brought our club into the 21st century and more into the public awareness to help it prosper and survive:

- * Developed our website, which was always kept current, vibrant and useful during his tenure as webmaster and generated new members far and wide
- * Began our electronic newsletter which facilitates timely communication with our members.
- * Published the "Ski the Metro" booklet highlighting not only the 700 miles of XC trails in our area but also our club.
- * Helped with the resumption of the MN Ski Association to help in the maintenance of trails statewide & lobby for skiers needs.
- * Was instrumental in the club's preservation work of the Birch Island Woods trail in Eden Prairie and in the creation & maintenance of Brown's Creek Trail in Stillwater.
- * Increased the public's awareness of NSSTC & XC skiing in general through several articles in the print media and on TV.

- * Encouraged our club's exposure to new audiences through a booth at the Women's Expo.
- * Instituted, supported and encouraged our Twenties & Thirties sub-group to gain more young people for future club survival.
- * Developed the North Star Ski Festival in partnership with Hennepin Parks and REI, which successfully brought out many new potential members that first year.
- * Instituted the dryland ski training lessons in the fall which were so popular and helpful.
- * Resumed the tradition of our club's Fall Run, with retailers as sponsors and including the public as participants.
- * Began the Nordic Ski Rendezvous weekend trip to Telemark which gave great publicity for our club and its offerings to the 200 participants.
- * Devised the idea for our October meeting to be an Open House which was hugely successful the first year, gaining us 50 new memberships that night and changed the format of monthly meetings which kept them enticing.
- * Designed clothing items/accessories with club's logo on it for greater publicity.
- * Led, along with his wife, great weeklong trips to both Gatineau Park in Quebec and to Switzerland.
- * Continues to this day to be a very visible supporter of X-C skiing in MN; particularly through his role with the Sugarbush Trail Association and his woodenskis.com web site and his North Shore Notes column for the Loype.

For all of these reasons and likely many more of which we may be unaware, we strongly believe that Greg should receive this award at the 2007 North Star Spring Banquet!

Happy skiing,

Pete & Kathy Hawkins

Greg Fangel – Former club president and singles president; former Loype editor (I think); developed or assisted in developing the website and started the e-loype (I think); innovative leader who developed Skifest, Fun Run, dryland and ski lessons, other club activities; avid supporter of trail development, including starting the Sugarbush Trail Association to support development and maintenance of trails in the Lutsen-Tofte area; dedicated to the history of the sport, including collecting and refurbishing wooden skis

Submitted by Anne McKinsey

2009 Bob O'Hara

Bob O'Hara

From: Arne Stefferud [arne.stefferud@metc.state.mn.us]

Sent: Thursday, December 14, 2006 12:53 PM

To: webs@trhys.net

Subject: Nomination for Tim Knopp award (Bob O'Hara)

Tom,

Unlike other "old timers" in the ski club, I knew Tim as my college advisor at the University of Minnesota's College of Forestry from 1971 to 1975. It was Tim who introduced me to the North Star Ski Club.

After graduating with a degree in recreation resource management, I kept in touch with Tim at professional seminars and through the club. When his untimely death occurred in 1989, I was honored to be asked to serve as the Government Liaison-- a position Tim held for many years. I still serve in that capacity and represent the club and cross country skiers on the Minnesota Association of Trail Users, as well as advise the Board when requested when the club wants to communicate with government entities about ski club issues.

It is from my own personal perspectives of knowing Tim as a teacher and mentor that I would like to nominate Bob O'Hara as a worthy recipient of the Tim Knopp Award. Bob deserves the award because like Tim, he has worked tirelessly to promote the enjoyment and benefits of cross country skiing through the following ways:

1. Bob, like Tim is a teacher. Bob began and continues to lead a learn to ski clinic for the North Stars. As you know from your own experience as an instructor at this clinic that students and instructors greatly appreciate it. These clinics have helped retain members to the club and attracted new ones. The most recent clinic held on December 8, 2006 included many folks who were nonmembers including a man from Polaski, Wisconsin and a woman from Milwaukee who will likely become North Star members. And, we had "repeat students" from the past who wanted to learn more advanced techniques.
2. Tim's logo of the child to adult tourer and ski racer come to life through Bob's past service on the Minnesota Youth Ski League Board, and his many years of professional--and now volunteer--coaching and meet officiating of junior high and high school cross country ski racers.
3. Bob's annual trip to Giant's Ridge in March is the "last best ski of the season" for many club members.
4. Finally, Bob makes skiing and participation in the North Star's fun. His wonderful sense of humor and warm personality have been appreciated by those who've met him through his club activities on the Board, as trip leader and as the club's "ski coach".

I therefore heartily recommend that Bob O'Hara become the next recipient of the Tim Knopp Award.

Arne Stefferud

member since the winter of 1976-77

I guess it's 30 years! Time flies when you're having fun.

From: Linda Treeful [treef001@comcast.net]

Sent: Thursday, January 11, 2007 9:00 AM

To: webs@trhys.net

Subject: Tim Knopp Award (Bob O'Hara, Fran Howley)

Dear Tom Rice,

I'd like to nominate Bob O'Hara for the Tim Knopp Award even though I don't know that much about the Award.

Bob O'Hara has been teaching cross country ski lessons at Trollhagen and doing an excellent job. I don't know how many years he's been doing it.

He's also been running the trip to Giants Ridge in March for many years.

For the same reason, I'd like to nominate Fran Howley for running the National Forest Lodge trip to Isabella for many years.

Both are great people and deserving of recognition for their volunteer work in our club.

Linda Skarjune

From: CLARE FOSSUM [clfos1@msn.com]
Sent: Friday, January 18, 2008 12:44 PM
To: Stefferud, Arne
Cc: Clare Fossum
Subject: Tim Knopp award

Hi Arne,

I believe that Bob O'Hara should receive the award this year. For many years he has taught and coached us with great enthusiasm. He is a superb teacher and coach and has freely shared his knowledge and talents with us. Also, he has made fascinating presentations on trips he leads and at club meetings of his many trips and experiences. He shares freely and openly of himself. In addition to the knowledge and education he brings, his enthusiasm for the sport of cross country skiing and his energy to encourage others is a huge asset for cross country skiing. Bob truly deserves recognition from us for all that he has given.

Clare Fossum

2010 Thor and Audrey Nordwall

Thor Nordwall

From: David Siskind [dsiskind@earthlink.net]
Sent: Wednesday, January 10, 2007 11:21 AM
To: Tom Rice
Subject: Knopp Award (Thor Nordwall)

Hi Tom,

Here's a write up I did last year that, of course, didn't fly:

Recommendation for Tim Knopp award

We wish to recommend Thor Nordwall for this years Tim Knopp award. He has been an active NSSTC member and advocate for skiing and other healthful outdoor activities for many years. His contributions to developing the Burnside Lake North Arm Ski Trail system near Ely go back to the 1970's. The results are a premier system for traditional Nordic skiing in the forests and lakes of the BWCA. The initial trail even named for NSSTC. He hosts an annual Gluug celebration every New Years as part of his "open door" welcome for trail skiers at the log cabin he built using local resources and help. At an age when most people are either nursing home-bound or worse, Thor's energy and activities are an inspiration to all of us. That he's an all around nice guy is even known to the north woods birds, squirrels, and Pine Martins.

Dave Siskind
1-26-06

Nomination of Audrey Nordwall for Tim Knopp Award

I would like to nominate Audrey Nordwall for the Tim Knopp Award. Audrey has been a vital part of the ski club for many years. Her energy and spirit of volunteerism to the club have been noteworthy. I'm not sure, but I believe she was involved in supporting the VJC cross-country ski races in the early 1970's; I think she has worked on trails and helped build a shelter at Remote Lake Ski Area in this same time period. She and Thor have been instrumental in developing and maintaining North Arm Trails near Ely for over the past 20 years. And I and many others have enjoyed well organized biking and ski events she has ~~organized~~^{offered} over the years.

A crowning achievement for Audrey was her role in developing and executing our Fortieth Anniversary Service Project this past fall. With the help of forty dedicated North Stars, the club planted 500-600 native trees and shrubs in the windbreak along a section of the cross-country ski trails at Elm Creek Park Reserve. This is a lasting gift to the ski community from our club, and speaks volumes about the spirit and skill of Audrey in giving back to the local ski community.

It is with great pleasure that I nominate a cherished and highly esteemed member of our club for this prestigious award.

Respectfully,


Julie Holmen
February 7, 2008

Hi Bruce,

As I mentioned this weekend, I have trouble coming up with people as I don't know the history of past involvement of most people. I'm sure there are many deserving people and wish I was more aware. I feel giving it to some of the older members is a good idea while they're still around.

My choices are Bob Smith for his life-saving action at the Gunflint Lodge or Audrey Nordwall for the tree planting at Elm Creek. If Thor has been greatly involved in the past, perhaps to both Thor and Audrey? As I said, I don't know much of the history.

Good luck choosing the winner! I hope you're getting many suggestions.

Thanks again for the great weekend!

Carol

From: PAUL SMITH [mailto:sunrockln@hotmail.com]

Sent: Saturday, January 23, 2010 5:05 PM

To: Wick, Inez D

Subject: Tim Knopp award

Inez,

In looking through the latest Loipe and also from your e-mail, I could understand why Thor hasn't been amongst the list of recipients. I feel he should be!

Anyway, here's a short write-up that I did. Look it over, change whatever needs changing and send it in if you feel it's appropriate.

thanks,

Paul

TIM KNOPP AWARD FOR 2010

Thor Nordwall. He'll be 89 this April 7th. Do it before it's too late!

Thor Nordwall has been around since the beginning of the North Stars. Many of you know him for having led trips or being on trips both here in the USA and in other countries. Many of you have visited and skied with him up on the North Arm Trails near Burntside lake. Many North Stars have stayed with him at Torsbakke, his sod roof log cabin in the woods. Many others have stopped by for some glogg at New Years or just for a friendly smile and perhaps a bit of concertina playing. Countless others of you have helped him with the annual trail clearing on the North Arm Trails. He's been doing it every year for the last thirty years. What most of you don't realize is that without Thor's prodding, the North Arm Trails probably would be non-existent. Think about that one! He was the catalyst and helped in laying out most of the trails. We all owe him a grateful, "thank you" for all that he has done. Thor Nordwall embodies the spirit of the North Stars.

Thor has led the Norway/Swedish trip yrs. ago for the club.

He has many times been the first one to set the ski-track on the North Arm Trails in Ely. The trails there are very narrow and can not be set by a tracker-- as well as many are in the BWCA. If not set correctly and even it makes skiing for the entire winter hard for others. He has served as one of the NSSTC members that has negotiated the terms with the YMCA on the terms of our trail clearing terms. Has been very involved and announced in the past with the Ely Winter Ski race. Always a terrific supporter of the SILENT SPORT.

2011 Tom Rice Nominations for Knopp Award

Knopp nomination from Bob O'Hara e-mail 02 03 05

Bruce

At this time I am over my head in ski meets. I have not played a super active role in NSSTC to know lots of people. Two names that do come to mind

John Holmquist and Tom Rice

Tom has done lots of lesson volunteering, lead trips, worked on the website etc.

John is a past president, promotes the sport, volunteers for many projects.

O'Hara

The real reason I sat down at the computer was to nominate Tom Rice for this year's Tim Knopp award. I can think of no one more deserving among the many people I have in mind. Tom has been a member of this club for more than 25 years. He has served on the Board a number of times, although I would have to go back through the old Loypes to see which positions he filled. He has led countless trips for the club -- biking, canoeing, skiing and weekend trail clearing. He is a tireless volunteer who seems to have a hard time saying "no" when asked to help out. He organized and taught classes in bike leader training and safety a few years back. He has for many years served as an instructor at our club-sponsored ski lessons and can be found around town helping out with other ski classes. He was the first person I called last summer to be our new cover designer and he accepted the position immediately. I wasn't surprised. Tom has such a big heart and an incredible desire to help spread the word about silent sports and protecting our environment. As you know, he is a very quiet, humble man who let his actions speak for themselves. I believe he embodies everything that is good and noble about this club, and I think he would be more than a little embarrassed to know that I am nominating him for the Tim Knopp award -- which, of course, is one of the reasons I think he is so deserving of the award. I love his humility and the simple fact that he doesn't need recognition to continue his selfless service to North Star.

So I place Tom's name in nomination and hope that he is strongly considered by the committee. If the committee needs more details about Tom's service to the club, please have them contact me. This is a really long e-mail, Bruce. I apologize for rambling on just a little. You can tell that I have time on my hands this afternoon . . .

-Mel

My nomination for the Tim Knopp award.

1. Tom Rice, ...database developer, website assistant, trip leader, trail clearing trip leader and consistent commitment to the club. Has served on the board. Large asset to the club.

Have a great day!

Greg Fangel
greg@gtfangel.com

-----Original Message-----

From: Bruce Jacobson/ Ann Morrissey [mailto:brucejandanm@msn.com]

Sent: Monday, January 26, 2004 11:19 AM

To: Tim Knopp Award Committee

From: Bob Julian and Linda Johnson

Re: Tom Rice Nomination

Linda and I ask that the committee consider Tom Rice for the Tim Knopp award for 2010.

As a 25-plus year member we feel Tom exemplifies the same pioneering spirit as Tim.

Trail Development

Annually leads or co leads trail work to Banadad and helps with North Arm trails and other trail work. Has lead Banadad hut-to-hut ski trips to scout a remote section targeted by Ted Young for later trail clearing. Is also a board member of the new Banadad Trail Association, charged with maintaining and preserving Gunflint's Banadad trail for all silent sports users.

Over 20 years ago, Tom as a Club member and Shoreview resident, and Ted Cardozo as trail development chair, talked to the City of Shoreview about trail development in a city park near where Tom lives. The trails are now part of Ramsey County's Snail Lake Regional Park.

Board Position

Currently Trails Development board member 2009-2010 (and beyond?)

Tom also served on the board as (Trips) Schedule Coordinator during 2001.

Other Leadership

Consistently leads both day (e.g. Rice Creek Paddle in May) and weekend trips (e.g. yearly Banadad trail clearings and intermittent ski trips).

Teaches beginners ski lessons (annually) and bicycle maintenance clinic (occasionally).

Other Service

- Presentations at membership meetings (e.g. 10th Mountain Division hut-to-hut trips)
- Website assistant
- Database developer
- Loype contributions through submission of photos and articles
 - (e.g. has served as Loype cover editor)
- Volunteered for three years (or more) to develop route and maps for annual week long Habitat (for Humanity) 500 Bike Ride
- 2007 Tim Knopp award committee member

Finally, folders in our possession, 1) when Bob was on the 2004 Tim Knopp nominating committee, from Greg Fangel's email that nominated Tom that year:

"Tom Rice....database developer, website assistant, trip leader, trail clearing trip leader and consistent commitment to the club. Has served on the board. Large asset to the club."

And 2) when Linda was on the 2009 Tim Knopp nominating committee, from Mel Peterson:

"He is a tireless volunteer who seems to have a hard time saying "no" when asked to help out.....I love his humility and the simple fact that he doesn't need recognition to continue his selfless service to North Star."

Nomination by Bob O'Hara

Bruce

I nominate Tom Rice

I assume yo have received others who also nominated him.

Over the years he has been a "behind the scenes" kind of guy.

I only know of some of his contributions

Key person for the ski lessons--key instructor
has helped out over the years with some of the clubs technology
I am sure he has been on the board
has been a trip leader in more than one season.
attends a number of events and is usually at regular meeting.

He is an "active" member.

that is only a few--I am sure some of the other long term members could add to this.

Bob O'Hara
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01 13 2010

Nomination by Ann Morrissey

From: brucejandannm@msn.com
To: klisterkid@comcast.net
Subject: Knopp Nomination
Date: Tue, 25 Jan 2011 14:34:51 -0600

Hi John, Bruce suggested I pass this on to you. I know Tom Rice has been nominated in the past, but I wanted to add information about how much he helped me in the late 1980s when I was membership chair. Membership wasn't computerized at that time. Tom helped the club buy its first computer, then designed a special program to run the membership data - entering of new members, updating dues and trail contribution payments, and printing the labels for the monthly Loype mailings. There were @1300 memberships at that time. I didn't even know what a computer was! Tom got it installed in my guest bedroom and spent hours patiently instructing me on how to run the program for each function. Many times when it seemed to "crash" just as the labels were due he came over and got it all fixed up and running again, and many times he stayed and got all the labels printed - sometimes even when I was off to a concert! Tom has been exceedingly gracious over the years with his computer skills, setting up slide programs for the banquet and meetings, advising on computer purchases etc. I imagine the earlier nomination letters mentioned the trail work he has done, especially on the Banadad, but I didn't know if anyone had mentioned the tremendous work he did for membership in those early years of the computer. I would love to see him get the award - he has earned it many times over.

Thanks,

Ann

Nominations of John Holmquist

Knopp nominations from Bob O'Hara e-mail 02 03 05

Bruce

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John is a past president, promotes the sport, volunteers for many projects.

O'Hara

From Clare Fossum 02 01 2010

HI Bruce,

I'd like to nominate John Holmquist for the Knopp award. He has done so much for the club -serving as President and editor to start. I think that his main addition over the years has been the many, well written articles for the Loype. His writing is superb. Also, he is a great model for skiing over a lifetime. In his earlier life he raced and therefore was less active in club trips and as he raced less he become more active in club trips. He has always been someone who offered to help and share his knowledge.



From: Solveig Olson <solveigolson@gmail.com>

Subject: **Tim Knopp Award**

Date: December 17, 2011 2:15:05 PM CST

To: dsiskind@earthlink.net

Hi Dave

I like to nominate John Holmquist for this award. He has held numerous posts in the club over the years. I can't remember them all but I am sure they are in the club's records somewhere. I remember him being a wonderful writer and editor of the Loype and I think he has been on the Tim Knopp Awards nominating committee since the beginning which should not disqualify him for an award? He skied the first VJC and went on to become a "Birkie Founder".

Solveig

2013 Bruce Jacobson nominated by Larry Koehler

From: "larry koehler" <lkoehler@usfamily.net>

Subject: Tim Knopp Award

Date: October 22, 2011 9:39:15 AM GOT

To: "David Siskind" <dsiskind@earthlink.net>

Tim Knopp Award Nomination -Bruce Jacobson

Bruce is the kind of guy that doesn't blow his own horn, but has worked quietly behind the scenes during his many years as a member, contributing his talents to the North Stars,

Bruce has held many positions. He was trip coordinator for 2 years, when he promoted more winter trips by organizing "if there is snow, we will go". The first year Bruce personally arranged that every week end be covered and his idea was successful to this day.

He and his wife, Ann, have led a ski trip to Cable, Wisconsin for 19 years. They shop for all the meals for our hungry group and haul in the many bags so we can cook in our condos. They have led the ski bus trip to Stokley Creek for 4 years.

Bruce and Ann have generously opened their home for Christmas caroling in the neighborhood and chili afterward. The Wednesday Wanderers have been welcomed at their home at Forest Lake for a bike ride and cookout. This year they served 40 people. Bruce has served on the board for 8 years, when he served as vice president and then as president. We all know what work and skill goes into this job. Bruce has volunteered for numerous other positions. Several years ago he was in charge of leadership training, held at Fort Snelling State Park. Many of us recall Bruce lying prone feigning a heart attack, so that leaders might know what to do if this occurred on their trips.

In addition, he has served for several years on the nominating committee for new board members. He has been involved with the Tim Knopp award committee since its beginning. Bruce was also a member of the Constitution and by laws committee, which involved several months of negation, updating and clarifying the function of the club.

In short, Bruce continues to be a stalwart contributing member, generous and welcoming to new members and a good friend to the club.

I'd like to nominate Bruce Jacobson for the Tim Knopp Award for 2013.

Bruce is a much deserved individual who has been involved with the North Stars for many years. He has gone on many ski trips whether rugged or hotel style, has done the bush wacking in the BWCA yet enjoys the tracked also. A power horse of a skier and just keeps getting stronger and stronger.

Bruce has been the one primary person who has promoted and been the coordinator for this award since it started in 2003: collecting the

nominations, getting info to the nomination committee ,making sure the framed award is completed and the statue award is all ready for the Spring Banquet when it is presented to the individual/individuals.

He has been the President from 2002 to 2004 and trip coordinator in 1997- 1999.

He has lead, with his wife ,the international trip to Canada-Stokley, for years now. Bruce has leads day trips and weekend trips for the members since he joined. I joined in 1983 and i know that he was a member then so he had to have joined before then.

Bruce has a gentle way of helping a new skier whether waxing or offering a new technique with their skiing. With the true love of the silent sport he is gem to have our club.

Bruce's experience in the club has been called on from time to time on many things : certain outcomes, history items- he is a true source of the clubs happenings and he is always willing to assist and help.

I truly hope that he is considered for this years award.

INEZ WICK